



**womanalive**  
THE MAGAZINE FOR TODAY'S CHRISTIAN WOMAN



# Woman Alive

## Guidelines for contributors

### Our purpose

*Woman Alive* is Britain's only woman's magazine specifically for Christian women. It covers all denominations and seeks to inspire, encourage and resource women in their faith, helping them to grow in their relationship with God and providing practical help and a biblical perspective on the issues impacting their lives.

### Our readers

The *Woman Alive* reader represents a broad spectrum of Christian experience from those who have a deep knowledge of the Bible and many years involvement in the Church, to those sympathetic and interested in Christianity or relatively new believers. The majority of our readers are aged between 35-50, though we have significant numbers both older and younger. Over half of our readers are married, about 20% are single, 9% divorced/separated and 7% widowed.

### Our tone

*Woman Alive* articles should be personal in tone and draw on real life anecdotes as well as quotes from Christian professionals or related sources. Articles should be practical, accessible and offer a Christian perspective, but writers should avoid using language that assumes a reader's familiarity with Christian or church-orientated terminology. All Bible quotes should be taken from the New International Version if possible.

### Payments

Our current standard rates start from £70 for a one page article (750-900 words), £95 for

two pages (1200-1300 and £125 for three page articles (1500-1600 words). Payments are made on publication and sent with a complimentary copy of the magazine.

### Submissions

Woman Alive welcomes unsolicited manuscripts, which should be:

- E-mailed to: [womanalive@cpo.org.uk](mailto:womanalive@cpo.org.uk)  
Send as a Word or text only document, typed in single spacing.
- Sent by post to: Jackie Stead, Woman Alive, Christian Publishing & Outreach, Garcia Estate, Canterbury Road, Worthing, West Sussex, BN13 1BW. Please type in double spacing and include a stamped addressed envelope if you want your manuscript returned.
- Accompanied by good quality photographs (where appropriate), with each one numbered and captioned. E-mailed pictures should be sent as JPEG attachments (300dpi).
- Accompanied by a photo of the author and brief bio line, which maybe required for publication alongside the article.

All submissions are received on speculation and the editor reserves the right to reject any manuscript at any stage.

We recommend that writers should read at least two or three recent copies of the magazine before sending in ideas.

Sample copies of the magazine are available for £1.50 each including post and packing. Please send your cheques to the address above.

### What we're looking for:

#### Women who change their world:

Stories of women taking on new challenges, overcoming problems, reaching out to others and living life to the full, with tips and ideas of how we can follow their example.

**Sign of the Times:** How trends and events in the wider world impact us and how we can both help ourselves and reach out to others. We are looking for a real insight into these topics, facts and stats, as well as real-life illustrations from women our readers can relate to and a distinct Christian perspective on the issue.

**Faith:** Stories of people living out their faith ie 'What I've learned about waiting', 'I live by the Rule of St Benedict'... Or practical (how to) articles on using a journal, finding a spiritual director, experiencing a retreat, ways to pray...

**Relationships:** Real life stories covering all aspects of marriage, dating, parenting issues, caring for elderly relatives and building good friendships.

**Seasonal:** Articles relating to the major Christian festivals (Christmas, Easter, Advent . . .) or with a seasonal theme (ie new year, Mothering Sunday, Father's Day, Summer holidays etc).

**The Good Life:** Stories, tips and ideas for living well and enjoying life to the full. Subjects might include: Managing your money, living simply, attending a Christian conference, creative cookery, work/life balance, ethical shopping, hospitality . . .

**Health & Wellbeing:** Articles on all aspects of women's health which offer a combination of information, sound advice and real life experience